Janet M. Braun M.A. MFT DISCLOSURE OF PROFESSIONAL CREDENTIALS License # 85000012A

The State of Indiana has a law, which mandates that all therapists disclose their qualifications to clients. **Please read this information and sign at the bottom only after asking any questions you may have regarding the therapy process or my training.**

I have completed a master's degree in Marriage and Family Therapy from Christian Theological Seminary. I passed the board exam in July, 2009 and continue to work under the guidance of a qualified supervisor. I am a member of the American Association of Marriage and Family Therapy and the Association of Play Therapy.

Individual, couple and family therapy is the scope of my practice. I offer the play model when counseling children and adolescents. (Play therapy utilizes a variety of proven therapeutic models including behavioral, contextual, narrative, family systems in conjunction with art, sand play and interactive therapy.)

I earned an undergraduate degree in paralegal at St. Mary of the Woods College. My spiritual journey is a very important part of my life. <u>My Clients decide if they want to talk about spirituality in session.</u>

I am not a medical doctor nor am I a psychologist, although I may collaborate with these professionals relative to a particular case after obtaining written permission to do so from my client. You own the privilege of confidentiality when you hire me. I need legal permission of parents or guardians to work with anyone under 18 years old. By law, I must disclose information or warn authorities and victims if you threaten to harm yourself or someone else, tell me about the abuse of a child or elderly person, or a judge orders me to present my case notes.

You should be aware that it is a customary practice (and beneficial to clients) to have a supervisory relationship with colleagues. They are held to the same ethical standards of confidentiality. I do keep brief records, so it is your responsibility to inform me if you do not wish a particular confidence recorded. I do not video or audio tape my sessions.

The therapy process occasionally involves periods of emotional shifts as a client works to understand her/his well being. These ups and downs are expected and I will provide professional support as you create a healthy life for yourself and family. I will not hesitate to refer you to another professional if I assess your needs to be different then I can provide. You are always free to question or discontinue therapy (no charge will be billed if you call 24 hours ahead to cancel your appointment).

You may leave messages on my office phone and is a convenient way to communicate with me. I may not be able to respond to your call until the end of the day or until the next business day.

If a crisis develops you should take immediate action. * Call 911

* Call the Crisis Center hotline at 317-251-7575 or

* Proceed to the nearest hospital emergency room

Signature: